

Mental Health & Wellness



The NBA believes creating communities of compassion and care begins with an integrated vision of wellness that prioritizes a holistic approach centered in justice, equity, theology, spirituality, and clinical awareness.



We are a resource for Disciples health and social service entities as well as the whole denomination through collaboration and partnerships with Disciples General Ministries, Regions, congregations, and seminaries.

Our focus areas include leadership wellness, organizational wellness, crisis care, and mental health justice and wellness equity.



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Program Highlights

- Support services for health & social service organizations
- Training and coaching for leadership wellness
- Outreach initiatives for BIPOC identities and those who have been marginalized
- Wellness care for activists & organizers
- Crisis care and support for clergy, leaders, DOC churches and Regions, and nonprofits and their staff
- Clinically-informed education and resources



NBA Dr. Mark E. Poindexter Wellness Fund: A Fund to Support Body, Mind, and Spirit

In his advocacy work, Mark is committed to ensure that more support and learning resources are available for clergy and faith leaders.

Your gifts to the “NBA Dr. Mark E. Poindexter Wellness Fund: A Fund to Support Body, Mind, and Spirit” will sustain the development of resources and programs that provide a holistic vision of wellness to be offered and accessible by all. To contribute, visit:

nbacares.org/donate/nba-mark-poindexter-fund



National Benevolent Association
of the Christian Church (Disciples of Christ)